

My Thanks-giving

THE LORD IS MY STRENGTH AND SHIELD.
I TRUST HIM WITH ALL MY HEART.
HE HELPS ME, AND MY HEART IS FILLED WITH JOY.
I BURST OUT IN SONGS OF THANKSGIVING.
PSALM 28:7

PAUSE

STOP.TAKE A BREATHE

PONDER

QUIETLY CONSIDER WHAT AND
WHO YOU ARE GRATEFUL FOR

PRAY

THANK GOD FOR THIS GIFT IN YOUR LIFE